



Things we can learn from our dogs . . .

- When family members come home, drop what you're doing and run to greet them.
- Let others know when they have invaded your territory.
- Take naps. Stretch before rising.
- Run, romp and play daily.
- Eat with gusto and concentration.
- Be loyal.
- Never pretend to be something you're not.
- If what you want lies buried, dig until you find it.
- When someone is having a bad day – be silent, sit close and nuzzle her/him gently.
- When you're happy, dance around and wag your entire body.
- No matter how often you're scolded, never pout. Run right back and make friends.
- Delight in the simple joys of a long walk.